

92Y ART CENTER

GILDA AND HENRY BLOCK SCHOOL OF THE ARTS

Knitting Stitch Exploration

Instructor: Lisa Daehlin

SUPPLY LIST:

YARN:

- Yarn for in-class technique work: minimum of 2 balls/skeins (approx. 400 yards) worsted weight yarn (1 in a light-colored yarn, the other in a contrasting not-too-dark color). Yarn should be a smooth texture, NOT cotton (the reason for this is that cotton has almost no “give” or flexibility and is tiring on the hands and can be frustrating to use. I suggest this and leave the choice to you). Smooth texture is recommended so you can really see the texture of the stitches.

Yarn for Project: This class is an exploration in making varied textures and types of knitted stitches. For those of you who like to work with teensy or gigantic yarn, that’s cool, but, for the purposes of this class, I do encourage you to make the stitches on average sized tools and yarn when learning the new stitches, only later adjusting the size of yarn (either up or down). By “average size”, I mean worsted weight yarn and size 7 or 8 needles. This way, we can make a healthy sized piece of fabric. Depending on your desired “take-away” from the class, your work might result in a variety of swatches (small samples of fabric), or a sampler piece of fabric in which you blend together a variety of stitches. That sampler fabric could be a scarf (approx. 400 yards), a shawl (approx. 600 yards of worsted weight yarn), or a blanket (approx. 2,000 yards).

TOOLS:

- 1 pair knitting needles (bamboo, size 7 or 8)
- 1 cable needle (note: we can even use the darning needle, or a double-point needle for this)
- 1 crochet hook (size G or similar)
- blunt -tipped darning/sewing needle (with large “eye” for yarn), recommended brand: Clover.
- scissors
- note pad and pencil or pen