

HIMAN BROWN 60+ ONLINE PROGRAM JULY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Chair Yoga Lucia Russett 10:00-10:50 am IN WARBURG LOUNGE: Men's Group* 11:00 am-12:00 pm Women's Group Elizabeth Flamm 11:10 am-12:10 pm Vitality, Strength and Power Dee Cocos 12:10-1:00 pm Quests for Control Prof Richard Larschan (6/7-7/19, no class 7/5) 2:00-3:00 pm NEW & IN PERSON International Human Rights: Foreign and Domestic (7/26-8/9) Prof Martin Flaherty 2:00-3:00 pm Virtual Cocktail Hour hosted by Erica Shein 5:00-6:00pm PROGRAM CLOSED 7/5	Cardio and Strength Mary Copeland 10:00-10:50 am The Art of Listening to Music Javor Bracic, Arielle Levioff and Simon Saad 11:00 am-12:00 pm Drop in Discussion Group Ellen Love, LCSW 12:00-1:00 pm NEW & IN PERSON Supervised Bridge 12:30-2:30 pm Poetry Writing Workshop Fran Richey 12:30-2:30 pm NEW & NEW TIME FDR and The World of 1945 starts 6/15 T'ai Chi Chih Ken Gray 3:00-3:50 pm Book Group/Movie Club/Ben Franklin Circle Erica Shein 4:00-5:00 pm 7/6: Movie Discussion Group 7/13 & 7/20: BFC 7/27: Book Discussion Group	Fitness Training Kareem Collins 10:00-10:50 am Studio Art with Zach Seeger 10:00am-12:00pm/1:00-3:00 pm Drop in Discussion Group Ellen Love, LCSW 11:00 am-12:00 pm Musical Theater Sing Along Mark York 12:30-2:00 pm The Personal Essay Sally Blumis-Dunn 12:45-2:00 pm Shakespeare Leo Schaff 2:00-3:00 pm Meditation & Relaxation Betsy Light 3:30-4:40 pm	Balance & Stability Mary Copeland 10:00-10:50 am World Events Scheuer, Kirk and Levin 11:00 am-12:00 pm Intermediate/Advanced Bridge Hermit Hanlin 11:00 am-12:00 pm Folk/Israeli Dancing Danny Pollock 12:00-1:15 pm NEW & IN PERSON Supervised Bridge 12:00-2:00 pm History of Baseball Steve King 12:30-1:30 pm Memoir Writing Workshop Theresa Burns 1:00-2:45 pm NEW Cities as Works of Art: Paris, London, New York (6/24-8/12) Prof Seth Gopin 2:00-3:00 pm	Chair Yoga Lucia Russett , 10:00-10:50 am NEW From Blood Libel to Balfour Declaration: The remarkable history of the Jews of England (7/2-7/16) Andree Brooks , 11:00 am-12:00 pm NEW Masada: Last Stronghold of Jewish Resistance Against Rome (7/23) Prof Jodi Magness , 11:00 am-12:00 pm NEW The Great Flourishing of Muslim Science, 750-1150 AD (7/30 and 8/6) Prof Piers Bursill-Hall , 11:00 am-12:00 pm Lunchtime Chat Elizabeth Flamm, LCSW , 12:30-1:15 pm NEW "Make 'Em Laugh": A History of Movie Comedy (7/2) Brian Rose , 2:00-3:00 pm NEW July 4 Celebration: Moscow on the Hudson (7/9) Mark Ethan Toporek , 2:00-3:00 pm NEW & IN PERSON Piano Concert (7/16) Arielle Levioff , 2:00-3:00 pm NEW "And That's the Way It Is": A Look Back at 70 Years of TV News (7/23) Brian Rose , 2:00-3:00 pm NEW The Hollywood Blockbuster (7/30) Brian Rose , 2:00-3:00 pm T'ai Chi Chih Ken Gray , 3:30-4:20 pm Shoot the Breeze Erica Shein , 4:00-5:00 pm
<p><i>Weekend schedule on next page</i></p> <p><i>*Indicates member-led class</i></p>				

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<p>SATURDAY</p> <p>Trivia and Games* Joanne Bernstein 11:00 am-12:00pm</p> <p>Film/Miniseries Discussion Group* Ellie Roth 12:15-1:15 pm</p>	<p>SUNDAY</p> <p>Short Story Discussion Group* Joanne Bernstein 5:00-6:00 pm</p>			
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