

Prime Times

NEWSLETTER OF
HIMAN BROWN
SENIOR PROGRAM

The Charles Simon Center for Adult Life & Learning

April 2012

A Message from the Director

Jo F. Brown

Our knitters and crocheters continue to impress us with the quality and quantity of the hats and scarves they have created for the pediatric patients at MSKCC. The staff, patients and their families are thrilled to be remembered with the beautiful hand made hats and scarves that we have been donating since September 2011. As of March 21, we have donated **273 hats and 64 scarves!** Big thanks to Ryan Newell, for his recent

donation of a case of yarn in varied colors. Please come and choose your yarn and keep knitting and crocheting these marvelous hats. Directions are available in the Senior Program office. Memorial Sloan-Kettering Cancer Center benefits from your generosity and we all thank you. ■

CLASS NEWS

You've heard all kinds of financial perspectives—but what about yours? The complexity of the financial landscape makes it nearly impossible for clients to ask their Advisors the right questions. The exciting new **“Money Capsules® System** transforms complex financial jargon into simple understandable language visuals in easy steps. Organize; Understand; Decide. Jaimie Blackman, Monday April 9 at 2:30 pm in Warburg Lounge

“The Blood Sport of Politics”, Mark Ethan's film class continues on Fridays in April and May. April 20, *The Candidate*; April 27, *The Seduction of Joe Tynan* and in May, *MILK* and *Recount*. All films are screened in full and have pre and post discussion led by Mark

Join Inna Leytush, Pianist and her guest artist, Alayne Faraone, soprano in a program of art songs of Faure, Dvorak, Copland, Barber and others. **“The Art of Listening to Music”** Tuesday, April 3 at 11 am, S297

Our **Senior Adult Chorus** led by Joan Delahunt meets every Friday from 11:30 am to 1pm in S251. Join her and enjoy singing from a diverse body of work. The Chorus will be performing at the annual Yom HaShoah commemoration and sings at intergenerational nursery school programs. The chorus would welcome you.

The **“Living with Low Vision Support Group”** will meet on Wednesday, April 11 at 11 am in Room S101. When you join Elly Roth and Gina Moffa, you will find resources (your own and external) to guide you. Questions, call Gina @415-5649.

“Necessary Conversations” series #4 begins Wed, May 4. If you wish to join Ellen Love, LCSW, please register in the office. This time limited group offers a opportunity for frank discussion about the challenges of aging.

Intermediate Bridge classes taught by Bob Ritta resume on Monday April 30 at 12:30 pm in Room S102-103. This is a continuation of Basic Beginning Bridge. ■

SOCIAL ACTION COMMITTEE OPEN MEETING

“Where Does Our Trash Go?”

No one's neighborhood
wants to be dumped on!

A representative from NYC Department of Sanitation
and a representative from “Residents for Sane Trash”

MON. APRIL 30, WARBURG LOUNGE, 2:30PM

Dates to Remember

Monday, April 9

Social Action Planning &
Information Meeting
10:30 am, room S297

Tuesday, April 10

Executive Board Meeting
12:00 noon, Room S297

MetroCard Mobile Sales
9:00 am-10:30 am

Friday, April 13

Passover 7th day
Senior center is closed

Tuesday, April 17th

General Membership Meeting
12:30pm, Warburg Lounge

Friday, April 20

Legal Consultation/Advanced
Directives-Health Care Proxies
Tina Janssen- Spinosa, Esq.
11am -1pm

Tuesday, April 24

Primary Election
Warburg Lounge in use
Use rooms S101 and S297 for
lounge space today

Charles Simon Center for Adult Life & Learning

Himan Brown Senior Program

Jo Frances Brown, Director

Samantha Donoso, Administrative Assistant

Amy Marcus, Nurse

Gina Moffa, Social Worker

Himan Brown Senior

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The 92nd Street YM-YWHA is an agency of UJA-Federation

TRIPS

SOCIAL SUNDAYS

**Sunday, April 22
Central Park Zoo**

Tropic Zone, Temperate Zone and the Polar Circle!
Guided tour with docent, Rita Cohen. \$10 admission.
Please register and pay in advance. Fifth Avenue at 64th St.

— Wait List only! —

Van Gogh Up Close: Philadelphia Museum of Art
Tuesday, April 24. \$58 includes transportation and
museum admission. Lunch on your own at the PMA.
Non-member admission: \$63.

— Save the Date: —

Sunday, May 20. **Jazz Brunch.** Details to follow

REGISTRATION FOR SOCIAL SUNDAYS BEGINS IMMEDIATELY

Health & Wellness

monthly awareness programs addressing current wellness issues

April 2

“Is Your Legal House in Order?”

Joanne Seminara, Esq. of Grimaldi and Yeung, LLP
Tax planning; Trusts; Advanced Directives; Powers of Attorney

April 16

“The Eye Over Time” Part II

Diabetic Retinopathy, Glaucoma, Macular Degeneration
Craig Moskowitz, MD
Diplomate of the American Board of Ophthalmology

April 23

Sexuality

Dhenu Solanki, MD

Geriatrics Fellow

Brookdale Dept. of Geriatrics and Palliative Medicine
Mt. Sinai School of Medicine

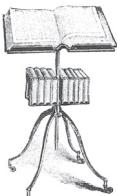
Programs at 2:30pm, Warburg Lounge

volunteer opportunities

Volunteerism is one of the most important Jewish values- to quote David Rothman of UJA Federation: “To give back without asking for anything in return and to see your work have meaning for someone who needs it is an amazing feeling.”

For those seeking to volunteer, beyond the scope of our internal committees in the Himan Brown Senior Program, we maintain a three ring binder with scores of volunteer options that you are welcome to use to help you identify possible volunteer work.

Book Discussion Group



“The Turn of the Screw”

By Henry James

Cristina Lemay, PhD

Thursday, May 3, 1 pm S102/103

92Y Himan Brown Senior Program is endowed through a generous grant from the Himan Brown Charitable Trust. Major support for the Himan Brown Senior Program is provided by the estate of Kathryn W. Stein; the estate of Dorothy and Sol Smolen; the estate of Gerald J. and Bernice Tell; Bertram Teich; the Sylvia and Marvin Rubin Family Foundation; and the estate of Meyer Friedman. Additional support is provided by the Office of the Manhattan Borough President Scott Stringer and New York Department of the Aging; The Hallmark Battery Park City, a Brookdale Senior Living Community; The Hite Foundation; the Sol Goldman Charitable Trust; Fraydun Manocherian; the Jeanne E. & Jacob A. Barkey Memorial Fund; the Jewish Community Youth Foundation; Dr. Renee Welner & Dr. Alan Barasch; Thomas Mandel; Elizabeth F. Zucker; Mae Karlin and Marvin Fastenberg; and Clifford Tell, among others.

THE HALLMARK
BATTERY PARK CITY
BROOKDALE SENIOR LIVING

Community Bulletin Board

Welcome to our newest members: Marianne Carroll, David Cohen, Simon Goodman, Barbara Gordon, Efraim Lipschutz, Margot Litwin, Norma Madeo, Francine Panely

A moving documentary film called “*There Was Once...*” about a Catholic teacher’s dedication to preserve the heritage and memory of a former flourishing Jewish community in Hungary. Wednesday, April 18, 6:15 pm at The Graduate Center City University of New York, The Rosenthal Institute for Holocaust Studies. 365 Fifth Avenue at 34th Street. <http://web.gc.cuny.edu/dept/cjstu/index.html>

Open House for Seniors at Bard Graduate Center; 18 West 86th Street. Monday April 3 at 11am; 12:30 pm and 2pm. On view: Hats: An anthology by Stephen Jones through April 15. Call 212-501-3010 to register

The Center for Jewish History presents a symposium: “New York City and the Jews” on Sunday, April 29, from 11 am to 6 pm. Visit the website: www.cjh.org for more information. 15 West 16th Street, #212-294-8301

If you have not yet applied for the NYC School Tax Credit, you may apply for up to three years retroactive credits. The Volunteers of Legal Services Elderly Project director, Oscar Straus, suggests that seniors may find this as an unexpected source of income. Check with your accountant to determine your eligibility.

Please turn off your cell phones before classes- place on vibrate to avoid disturbing any classes in session. Thank you for your consideration. ■

JEWISH THOUGHT & CULTURE

Renée Septimus will teach Jewish Thought and Culture every Monday in April. April 2, 9, 16, 23, 30 at 1:15 pm, Mondays, room S101

April 20

Annual Yom HaShoah Commemoration

Menachem Z. Rosensaft, guest speaker Attorney and Founding Chairman of the International Network of Children of Jewish Survivors; General Counsel of the World Jewish Congress; Adjunct Professor of Law at Cornell University Law School and Distinguished Visiting Lecturer at Syracuse University College of Law

Senior Adult Chorus, Joan Marie Delahunt, Director Warburg Lounge, 2:00 pm

April 27

April Birthdays Celebrated
Cake for everyone!
Warburg Lounge, 12:30 pm

Pianist and Composer David Cieri
Mike Brown, bass
Jay Frederick, drums

The trio skirts the ineffable line between free improvisation and formal composition as is the epic game which marks our lives- David asks: “How much are we playing out our possibilities and how much are we being played?”

Weill Art Gallery, 2pm,

The Mildred and Emanuel Goldberg
SPECIAL FRIDAYS