“Love to Sing?” The members of the Senior Adult Chorus and their director, Joan Delahunt, invite you to join them for a morning of song when the chorus moves to Tuesday mornings, at 10 am. Begins Sept. 4. No audition is required. Room S297.

“Necessary Conversations” facilitated by Ellen Love, LCSW, will begin anew on Wed. Sept. 5 – Oct. 31. A late fall series begins on Nov. 14 at 11 am. You can be “wait listed” for Sept. and also sign up for the next group which is open to all members. Call the office for details. Room Teen Lounge.

This month’s Vision Support Group meets on Wednesday, September 12 at 11 am in room S272, when Elly Roth, expert volunteer and consumer and social worker, Gina Moffa, will offer practical strategies for reading for those challenged by low vision.

Lori Brizzi, ballroom dance instructor, invites you to warm up and dance every Thursday morning from 11 am to 12:15 pm, room NB07.

“Crisis and Leadership” is a seven-week film series examining the responsibilities of the Office of the President with cinematic examples of both re-created historical events and flights of the imagination. Mark Ethan, member of the Actors Studio and film historian teaches. Begins September 14 with State of the Union (1948) 10am – 1pm, room 102/103

“The Art of Improvising!” How to make music by honoring the NOW and using instruments as noise makers so as to reflect our inner voices. No prior musical experience is necessary. Join David Cieri, composer/pianist on Thursdays, 12:50 pm, room S297.
Welcome to our newest members: Barbara Cantor, Pearl Debowsky, Marie de Luca, Susan Fleischer, Paolo Giusti, Roberta Holt, Lottie Katz, Fran & Sandy Kay, Cynthia Kayan, Nancy Kurtz, Sidney Miller, Sandy Naval, Harriet M. Otero, Dan Pinchevsky, Annemarie Schlegel, Carmen Serrano, Wilma Shochat, Jean Soichet, Ann Wein, Beverly Weiner, Harold Zeitzlin

HIICAP is New York's source for free, current and impartial information about health care coverage for older adults. To make an appointment with our HIICAP counselor, Miriam Balmuth, please call the office: 212-415-5636. Topics include Medicare Parts A & B, Medigap insurance, Medicare Savings Programs, EPIC and Long Term Care insurance.

**TRIPS**

**SOCIAL SUNDAYS**

Sun. Sept. 9: **KLEZMER BRUNCH**
Music by the Klezwoods @ The City Winery
155 Varick St. in Soho's Hudson Sq. $10. cover (pre pay- no refunds please-register in the office)

Thur. Oct. 10: **THE BARNES**
(sold out)
Another trip to the Barnes is being planned for late April 2013. Members on the wait list have “first dibs” for this excursion.

**REGISTRATION FOR SOCIAL SUNDAYS BEGINS IMMEDIATELY**

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**Health & Wellness**

Monthly awareness programs addressing current wellness issues

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**A Month of Wellness at 92Y**

**Thursday, September 6**

**New Frontiers in Diagnosing Breast Cancer**
Explore all current options, as well as future approaches, and hear which ones are best suited for which women and under what circumstances.

Laurie Mangelles, MD, FACP
Director of Breast Imaging at The Dubin Breast Center of The Tisch Cancer Institute at The Mount Sinai Medical Center; Associate Professor of Radiology at the Mount Sinai School of Medicine;

**Wednesday, September 12**

**Pain Management: A Comprehensive Approach**
Discover new strategies for combining yoga, acupuncture and other integrative therapies with advanced pain management techniques to manage acute and chronic pain.

Houman Danesh, MD
Director, Integrative Pain Management; Assistant Professor of Anesthesiology at The Mount Sinai School of Medicine;

**Wednesday, September 19**

**Pioneering Personalized Medicine**
New ways to radically improve patient care are on the horizon. Using data from advancing technologies, such as DNA sequencing, and medical records already being collected in the course of clinical care, mathematical models of biology can now be applied to deliver truly personalized medicine.

Andrew Kasarskis, PhD
Vice chair of the Department of Genetics and Genomics Science; Co-director of the Institute for Genomics and Multiscale Biology at the Mount Sinai Medical Center.

All Lectures 1 - 2 pm, Weill Art Gallery

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**Upcoming Events**

**September 14**

Celebrate September birthdays
Warburg Lounge, 12:30 pm

**Molly and Maurice Stern**
International Music
Molly Stern, Pianist, Soprano
Maurice Stern, Tenor
Weill Art Gallery, 2pm

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**September 21**

“We Are Here: Memories of the Lithuanian Holocaust”
Remembering Vilna
On the anniversary of the final days of the Vilna Ghetto, join us for a celebration of the city once known as the “Jerusalem of the North.” Through words in Yiddish and English, and images, we’ll commemorate the old capital of Yiddishland and sing the stirring Partisan Hymn written in the ghetto in 1943.

Ellen Cassidy, Author
Suzanne Toren, Actor
Weill Art Gallery, 2pm

Book signing follows talk & performance

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**SPECIAL FRIDAYS**

**The Milward and Emanuel Goldberg**

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**92Y Himan Brown Senior Program**

The Himan Brown Senior Program is endowed through a generous grant from the Himan Brown Charitable Trust. Major support for the Himan Brown Senior Program is provided by the estates of Dorothy and Sol Smolen; the estate of Gerald J. and Bernice Tell; Bertram Brown Senior Program is provided by the estate of Kathryn W. Stein; the estate of Zvi Avineri, Shochat, Jean Soichet, Ann Wein, Beverly Weiner, Harold Zeitzlin for older adults. To make an appointment with our HIICAP counselor, Miriam Balmuth, please call the office: 212-415-5636. Topics include Medicare Parts A & B, Medigap insurance, Medicare Savings Programs, EPIC and Long Term Care insurance.

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