CANCER SCREENING GUIDELINES

CANCER TYPE	RECOMMENDED AGE TO BEGIN SCREENING	FREQUENCY OF SCREENING	WHAT THE SCREENING ENTAILS
BREAST CANCER	40	People 40 to 54, yearly People 55+ every 2 years	Mammogram
CERVICAL CANCER	21-29, 30-65	Age 21-29, every three years Ages 30-65, every five years	Pap Pap with HIV screening
COLORECTAL CANCERS (colon, rectal and anal)	45	Every 10 years (or as directed) Yearly	Colonoscopy Fecal immunochemical test (FIT)
ENDOMETRIAL (uterine) **CANCER**	At the first sign of changes or after menopause	Regular gynecology evaluations	Transvaginal ultrasound
HEAD AND NECK CANCER	18+	Yearly	Examination of your head, neck and oropharynx
LUNG CANCER	50 to 80	Yearly if smoker or used to smoke, and have at least a 20 pack-year history of smoking	Low-dose CT (LDCT) scan
PROSTATE CANCER	50	Talk with your provider when considering having your PSA level checked	Prostate-specific antigen (PSA) blood test
SKIN CANCER	18+	18+ Monthly self-exams to look for new or changing moles, birthmarks 20-40, every 3 years 40+ yearly	Skin self-exam Skin exam with dermatologist

How do I book an appointment?

There are a few ways to book an appointment with a Northwell Health provider—via Northwell.edu, the Northwell Health app or by calling **(888) 321-DOCS (3627)** option 1.

Uninsured? Call the Cancer Services Program (CSP)

Call **(866) 442-CANCER (2262)** to find a CSP near you. You may be eligible for no-cost breast, cervical and colorectal cancer screenings, diagnostic services and referral to treatment and support.

Concerned about medical expenses?

Call **(800) 995-5727** if you are worried about hospital bills and want to apply for financial assistance.

Northwell Health®
Cancer Institute

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CANCER CARE IN YOUR COMMUNITY

When you're with us, you're in the care of New York's most experienced cancer team.*

Comprehensive cancer services

Prevention
We offer a range of education, services and resources to help reduce your risk of getting cancer.

Screening
Our teams use advanced tools and resources to detect and monitor the presence of cancer.

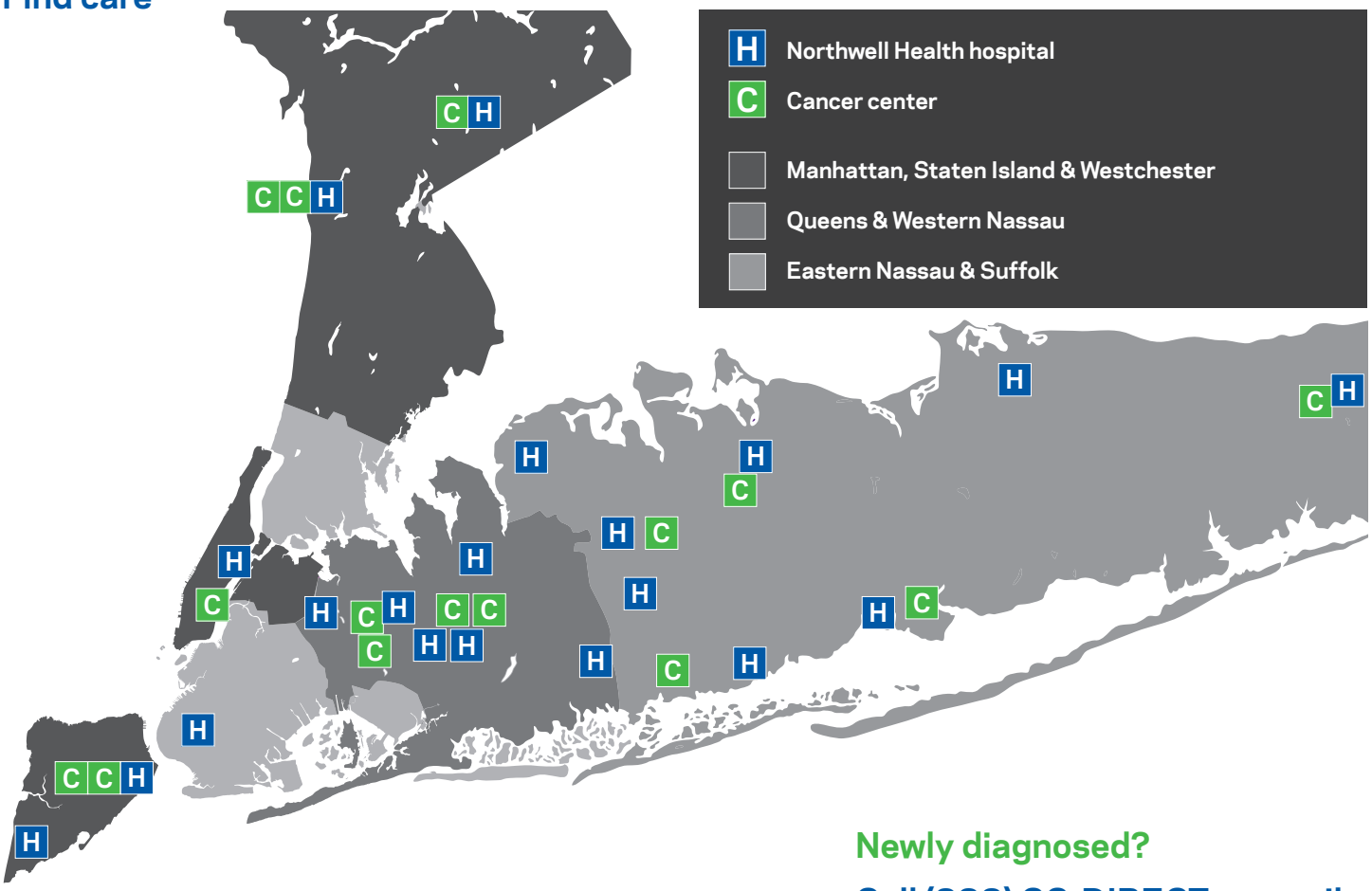
Diagnosis
Using the latest technology, our doctors reach an accurate and timely diagnosis.

Treatment
We're at the forefront of cancer care and will work with you to determine the best treatment option.

Support services
From pain management to nutritional counseling and financial assistance, our services, such as Cancer Care Direct, guide you at every step.

*According to the Statewide Planning and Research Cooperative System (SPARCS) inpatient and ambulatory surgery data (2022).

Find care



Newly diagnosed?

Call (833) CC-DIRECT or email cancercaredirect@northwell.edu to connect with a navigator.

Northwell Health® Cancer Institute

Scan to find a cancer specialist, location, clinical trial or more information.