

# 92NY HIMAN BROWN 60+ APRIL 2025 PROGRAM SCHEDULE - IN PERSON & ONLINE

MONDAY	TUESDAY	WEDNESDAY	
<p>The program is closed on April 14 for Passover</p> <p><b>Chair Yoga</b> <input type="checkbox"/> 9:30-10:20 am Lucia Russett</p> <p><b>Game Room for Open Play</b> <input type="checkbox"/> 10:00 am-3:30 pm <b>614</b></p> <p><b>Total Body Fitness</b> <input type="checkbox"/> 11:00-11:50 am Samuel Lopez <b>10th floor</b></p> <p><b>Beginner Bridge</b> <input type="checkbox"/> 11:00 am-12:00 pm Bruce Gershfield <b>610</b></p> <p><b>Women's Group</b> <input type="checkbox"/> 11:10 am-12:10 pm Elizabeth Flamm</p> <p><b>NEW Passover Seder &amp; Luncheon</b> <input type="checkbox"/> (4/7) 11:30 am-2:00 pm <b>Buttenwieser Hall</b> Tickets are required.</p> <p><b>Men's Group*</b> <input type="checkbox"/> 12:00-1:30 pm <b>613</b></p> <p><b>Supervised Mah Jongg</b> <input type="checkbox"/> 12:30-2:30 pm Jane Nadboy <b>604</b></p>	<p><b>Nurse Consultations with Martha Fortune, 12:30-3:00 pm</b></p> <p><b>NEW ROOM Yiddish Conversation Circle</b> <input type="checkbox"/> 1:00-2:00 pm <b>414</b></p> <p><b>Acting Workshop</b> <input type="checkbox"/> 1:00-2:45 pm Marilyn Schulman <b>609</b></p> <p><b>Shoot the Breeze</b> <input type="checkbox"/> 2:00-3:00 pm Erica Shein <b>613</b></p> <p><b>Monday Member Salon *</b> <input type="checkbox"/> (4/21) From Budapest to New York: A Journey through the Holocaust and Communist Hungary with Eva Fabry 3:05-4:00 pm <b>604</b></p> <p><b>NEW Social Action Committee Open Meeting:</b> <input type="checkbox"/> <b>TBD</b> <input type="checkbox"/> (4/28) 3:05-4:00 pm <b>604</b></p> <p><b>Weekly Catch up</b> <input type="checkbox"/> 5:00-6:00 pm Hosted by Erica Shein</p>	<p><b>Balance &amp; Stability</b> <input type="checkbox"/> 9:30-10:20 am Mary Copeland</p> <p><b>Intermediate Yoga</b> <input type="checkbox"/> 10:00-11:00 am Ana Sussman <b>604</b></p> <p><b>Game Room for Open Play</b> <input type="checkbox"/> 10:00 am-3:30 pm <b>614</b></p> <p><b>T'ai Chi Chih</b> <input type="checkbox"/> 11:00-11:50 am Ken Gray <b>604</b></p> <p><b>NEW In-laws &amp; Outlaws</b> <input type="checkbox"/> (4/8 &amp; 4/15) 11:00 am-12:00 pm Dr. Carole Brofman &amp; Aidan Weed, Social Work Intern <b>414</b></p> <p><b>Easy Peezy Paper Folding</b> <input type="checkbox"/> 11:00 am-12:00 pm Jake Garfield <b>610</b></p> <p><b>The Art of Listening to Music</b> <input type="checkbox"/> 11:00 am-12:00 pm (4/1) Javor Bracic; (4/8) Arielle Levioff; (4/15) Simon Saad; (4/22) Javor Bracic; (4/29) Simon Saad <b>92NY S102/103</b></p> <p><b>Drop-in Discussion Group</b> <input type="checkbox"/> 12:00-1:00 pm Ellen Love, LCSW</p> <p><b>Israeli &amp; International Folk Dance</b> <input type="checkbox"/> 12:30-2:45 pm Danny Pollock</p> <p><b>The Club House</b> <i>1558 Third Ave (Between 87th and 88th)</i> 4/15, no class.</p> <p><b>Living With Loss, a Bereavement Group</b> <input type="checkbox"/> 1:00-2:00 pm Dr. Carole Brafman <b>414</b></p> <p><b>Poetry Writing Workshop</b> <input type="checkbox"/> 1:00-3:00 pm Fran Richey <b>610</b></p> <p><b>Supervised Bridge</b> <input type="checkbox"/> 1:00-3:00 pm Alene Friedman &amp; Michael Radin</p> <p><b>NEW The 1950s</b> <input type="checkbox"/> 2:00-3:00 pm Doug Brin <b>613</b></p> <p><b>Watercolor with Zach!</b> <input type="checkbox"/> 2:30-3:45 pm Zach Seeger <b>414</b></p> <p><b>Afternoon Tea &amp; Treats</b> <input type="checkbox"/> 3:00-3:30 pm <b>604</b></p> <p><i>4/8, Come celebrate April Birthdays with cake!</i></p> <p><b>Ben Franklin Circle/Book Discussion Group/Movie Club/Poems/Poetry Recitation with Fran Richey's class</b> <input type="checkbox"/> (4/1) Book Discussion Group: She's Not Sorry by Mary Kubica; (4/8) Poems; (4/15) BFC; (4/22) Poetry Recitation with Fran Richey's class ; (4/29) Movie Club: <i>On Golden Pond</i> 4:30-5:30 pm Erica Shein</p> <p><b>Member-led Virtual Cocktail Hour*</b> <input type="checkbox"/> 5:00-6:00 pm</p>	<p><b>Yoga</b> <input type="checkbox"/> 10:00 am-11:00 pm Ana Sussman <b>10th floor</b></p> <p><b>Studio Art</b> <input type="checkbox"/> 10:00 am-12:00 pm Zach Seeger <b>414</b></p> <p><b>Supervised Canasta</b> <input type="checkbox"/> 10:00 am-12:00 pm Michelle Marx <b>604</b></p> <p><b>Drop-in Discussion Group</b> <input type="checkbox"/> 11:00 am-12:00 pm Ellen Love, LCSW</p> <p><b>Chess</b> <input type="checkbox"/> 11:30 am-1:00 pm Jerald Times <b>609</b></p> <p><b>NEW Lunchtime Chat</b> <input type="checkbox"/> 12:00-1:00 pm Julia Zeuner, LMSW &amp; Leah Streicher and Aidan Weed, Social Work Interns <b>610</b></p> <p><b>NEW Uptown/Downtown: Readings Set in New York</b> <input type="checkbox"/> (4/2-5/7, no class 4/30) 1:00 am-2:00 pm Dr. Richard Larschan <b>609</b></p> <p><b>Monthly Book Group</b> <input type="checkbox"/> (4/30) 1:00-2:00 pm Prof Nicholas Birns <b>613</b></p> <p><i>April's selection: Stone Yard Devotional by Charlotte Wood</i></p> <p><b>Musical Theater Sing Along</b> <input type="checkbox"/> 1:00-2:30 pm Mark York <b>614</b></p> <p><b>Studio Art</b> <input type="checkbox"/> 1:00-3:00 pm Zach Seeger <b>414</b></p> <p><b>Knitting Circle</b> <input type="checkbox"/> (4/16 &amp; 4/23) 1:00-3:00 pm Sandy Magesis <b>604</b></p> <p><b>The Personal Essay</b> <input type="checkbox"/> 1:15-2:30 pm Sally Blumis-Dunn</p> <p><b>Intermediate Bridge</b> <input type="checkbox"/> 1:30-3:30 pm Bruce Gershfield <b>609</b></p> <p><b>Shakespeare</b> <input type="checkbox"/> 2:00-3:00 pm Leo Schaff <b>610</b></p> <p><b>NEW Yom HaShoah Commemoration featuring Dr. Dina Lichtman-Smith</b> <input type="checkbox"/> (4/23) 3:00-4:30 pm <b>10th Floor</b></p> <p><b>Guided Meditation &amp; Relaxation</b> <input type="checkbox"/> 3:30-4:30 pm Betsy Light</p> <p><b>Member-led Virtual Cocktail Hour*</b> <input type="checkbox"/> 5:00-6:00 pm</p> <p><b>NEW The Origins of Modern Terrorism</b> <input type="checkbox"/> (3/5-5/7) 7:30-8:30 pm Dr. Jeff Horn</p>

# 92NY HIMAN BROWN 60+ APRIL 2025 PROGRAM SCHEDULE - IN PERSON & ONLINE

THURSDAY	FRIDAY	SATURDAY
<p><b>Painting &amp; Drawing</b>   10:00 am-12:00 pm Donelle Estey <b>414</b></p> <p><b>Game Room for Open Play</b>   10:00 am-3:30 pm <b>610</b></p> <p><b>Agility &amp; Strength</b>   10:10-11:00 am Mary Copeland <b>10th floor</b></p> <p><b>Sit and Be Fit</b>   11:00-11:50 am Samuel Lopez <b>10th floor</b></p> <p><b>NEW The Poetry of Song Lyrics</b>   (3/20-4/17) 11:00 am-12:00 pm Ari Satok <b>614</b></p> <p><b>World Events</b>  11:00 am-12:00 pm Scheuer, Kirk and Levin 4/17, class is in person only in <b>613</b>.</p> <p><b>Lunch and Learn: Play and Laugh with 92NY's Rabbi</b>   12:00-1:00 pm Rabbi David Ingber <b>604</b></p> <p><b>History of Baseball</b>  (4/3) 12:30-1:30 pm Steve King</p> <p><b>NEW Intergenerational Book Group with the Dalton Students</b>   (4/3) 1:00-1:45 pm Erica Shein</p> <p style="text-align: right;">→</p>	<p><b>Meet in the Lobby at The Dalton School</b> on 89th Street (between Park &amp; Lexington) at 12:50 pm. Registration with Erica is required.</p> <p><b>Painting &amp; Drawing</b>   1:00-3:00 pm Donelle Estey <b>414</b></p> <p><b>Supervised Bridge</b>   1:30-3:30 pm Alene Friedman &amp; Michael Radin <b>604</b></p> <p><b>NEW With a Song in My Heart: A History of Singing in the Movies</b>  (4/3) 2:00-3:00 pm Professor Brian Rose Class will be shown onsite in <b>614</b>.</p> <p><b>NEW Border Security Enforcement</b>  (4/10 &amp; 4/17) 2:00-3:00 pm Professor Michael Alcazar <b>614</b></p> <p><b>Ping Pong</b>   2:00-4:00 pm</p> <p><b>Location: PingPod</b> 1470 Lexington Avenue, corner of Lex and 95th. Purchase of a game card is required.</p> <p><b>T'ai Chi Chih</b>  3:30-4:20 pm Ken Gray</p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p> <p><b>Chair Yoga</b>  9:30-10:20 am Lucia Russett</p> <p><b>Postural Therapy Movement Program</b>   9:30-10:20 am Joey Zimet <b>604</b></p> <p><b>Beginner Ulpan</b>   10:00-11:00 am Raz Betser <b>610</b> 4/11, no class.</p> <p><b>Developing Your Style, Creating a Series</b>   (4/4-5/30) 10:00 am-12:00 pm Marguerite Day <b>414</b></p> <p><b>Game Room for Open Play</b>   10:00 am-3:30 pm <b>609</b></p> <p><b>Yoga</b>   11:00 am-12:00 pm Wendell Odom <b>604</b></p> <p><b>Intermediate Ulpan</b>   11:00 am-12:00 pm Raz Betser <b>610</b> 4/11, no class.</p> <p><b>Chair Yoga</b>  9:30-10:20 am Lucia Russett</p> <p><b>The Best Of...*</b>   11:00 am-12:00 pm Phyllis Brusiloff <b>614</b></p> <p><b>Live Strong</b>   12:00-12:50 pm Dr. Randy Kamen <b>614</b></p> <p><b>Men's Group*</b>   12:00-1:30 pm <b>613</b></p> <p><b>Lunchtime Chat</b>  12:30-1:15 pm Elizabeth Flamm, LCSW</p> <p><b>Developing Your Style, Creating a Series</b>   (4/4-5/30) 12:30-2:30 pm Marguerite Day <b>414</b></p> <p><b>Game Room for Open Play</b>   10:00 am-3:30 pm <b>609</b></p> <p><b>Memoir Writing Workshop</b>  12:45-2:00 pm Susan Stein Class will be shown onsite in <b>610</b>.</p> <p><b>Live Strong in Practice</b>   1:00-1:50 pm Dr. Randy Kamen <b>614</b></p>	<p><b>Trivia &amp; Games*</b>  11:00 am-12:00 pm Led by Joanne Bernstein</p> <p><b>French Conversation*</b>  1:30-2:30 pm Led by Laura Bodin</p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p> <p><b>NEW TIME: Shoot the Breeze</b>  1:15-2:15 pm Erica Shein</p> <p><b>Baroque Art and Architecture: Drama, Emotion and Splendor</b>   (2/14-4/18) 2:00-3:00 pm Dr. Seth Gopin <b>10th floor</b></p> <p><b>NEW Concert: The Phoenix Ensemble presents Israeli violinist Kobi Malkin</b>   (4/25) 2:00-3:00 pm The Chapel</p> <p><b>Member-led Virtual Cocktail Hour*</b>  5:00-6:00 pm</p> <p><b>Short Story Discussion Group*</b>  Led by Joanne Bernstein 5:00-6:00 pm</p>

## KEY

-  = Online
-  = In Person
-  = Online AND In Person
- \* = Member-led

## CONTACT/ADDRESSES

**Himan Brown Program Office:** 212.415.5649

**Membership Office:** 212.415.5729

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