

92NY HIMAN BROWN 60+ February 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

MONDAY

The program is closed on February 16 for Presidents' Day.

Chair Yoga 
9:30-10:20 am
Lucia Russett

Get up & Groove 
10:00-11:00 am
Allison Friday
10th floor

Game Room for Open Play 
10:00 am-3:30 pm
614

Total Body Fitness 
11:00-11:50 am
Andrew Jacobs
10th floor

Beginner Bridge 
11:00 am-12:00 pm
Bruce Gershfeld
610

SPECIAL Mystery Book Club* 
(2/9)
11:00 am-12:15 pm
Facilitated by Donna Walcavage
Special Guest: SJ Rozan
609
The Murder of Mr. Ma by SJ Rozan
& John Shen Yen Nee

Portraiture* 
11:00 am-1:00 pm
Sol Kadish
414

Men's Group* 
12:00-1:30 pm
Stanley Ryman
613

Supervised Mah Jongg 
12:30-2:30 pm
Jane Nadboy
604

Yiddish Conversation Circle* 
1:00-2:00 pm
414

Acting Workshop 
1:00-2:45 pm
Marilyn Schulman
609

Shoot the Breeze 
2:00-3:00 pm
Erica Shein
10th floor.

NEW Social Action Committee Open Meeting: Black History Month with Dr. Doug Reside on Syncopated Stages: Black Disruptions to the Great White Way 
(2/2)
3:05-4:00 pm
The Chapel, 2nd floor

Monday Member Salon* 
(2/9) From a DP Camp to Latin America and eventually Riverdale with Chana Gutreiman
(2/23) Touring NYC as a Big Apple Greeter with Jay Teitler
3:05-4:00 pm
10th floor

NEW Tu B'Shvat Seder – New Year's Celebration for the Trees 
(2/2)
4:00-5:30 pm
10th floor

Weekly Catchup 
5:00-6:00 pm
Hosted by Erica Shein

Balance & Stability 
9:30-10:20 am
Mary Copeland

Intermediate Yoga 
10:00-11:00 am
Ana Sussman
604

Game Room for Open Play 
10:00 am-3:30 pm
614

T'ai Chi Chih 
11:00-11:50 am
Ken Gray
604

The Art of Listening to Music 
11:00 am-12:00 pm
(2/3) Arielle Levioff
(2/10) Simón Saad
Class moves to **613**.
(2/17) Simón Saad
Class moves to **613**.
(2/24) Arielle Levioff
The Chapel, 2nd floor

Make Magnificent Greeting Cards* 
11:30 am-12:30 pm
Jake Garfield
610

Drop-In Discussion Group 
12:00-1:00 pm
Ellen Love, LCSW

Living With Loss, a Bereavement Group 
1:00-2:00 pm
Dr. Carole Brafman
610
This group is closed to new participants. Thursday's group is open.

TUESDAY

Poetry Writing Workshop 
1:00-3:00 pm
Fran Richey
414

Supervised Bridge 
1:00-3:00 pm
Alene Friedman & Michael Radin
10th floor

Brindsights, Self-styled 'Historical Raconteur' 
2:00-3:00 pm
Doug Brin
613

Afternoon Tea & Treats 
3:00-3:30 pm
10th floor

Ben Franklin Circle/ Book Discussion Group Movie Club/Poems and Poetry recitation with Fran Richey's Poetry Class 
4:30-5:30pm
Erica Shein

(2/3) Book Discussion Group – *This Is My Daughter* by Roxana Barry Robinson
(2/10) Poetry Recitation with Fran Richey's class
(2/17) Benjamin Franklin Circle
(2/24) No class

Member-led Virtual Cocktail Hour* 
5:00-6:00 pm

Yoga 
10:00-11:00 am
Ana Sussman
10th floor

Studio Art 
10:00 am-12:00 pm
Zach Seeger
414

Supervised Canasta 
10:00 am-12:00 pm
Michelle Marx
604

Musical High-nrg Fitness! 
11:15 am-12:05 pm
Marina Kamen
10th floor

Chess 
11:30 am-1:00 pm
Jerald Times
609

Lunchtime Chat 
12:15-1:05 pm
Julia Zeuner, LMSW
610
2/4, no class

NEW Joseph Conrad and Ernest Hemingway: The Influence of Adventure / The Adventure of Influence 
(1/7-2/11, no class 1/28)
1:00-2:00 pm
Professor Michael Healy
613

NEW Laughing Matters: Comic Chesnuts from the New Yorker 
(2/18, 3/4, 3/11, 3/18, no class 2/25)
1:00-2:00 pm
Professor Richard Larschan
613

Monthly Book Group 
(2/25)
1:00-2:00 pm
Professor Nicholas Birns
613

*February's selection is *Darkenbloom* by Eva Menasse.*
Musical Theater Sing Along 
1:00-2:30 pm
Mark York
614

WEDNESDAY

Studio Art 
1:00-3:00 pm
Zach Seeger
414

Knitting Circle 
(2/11 & 2/25)
1:00-3:00 pm
Sandy Magesis
604

The Personal Essay 
1:15-2:30 pm
Sally Blumis-Dunn

NEW Art of France Under Louis XIV: French Baroque Art and Architecture 
(2/11-3/25, no class 2/25)
1:30-3:00 pm
Dr. Seth Gopin
10th floor

Music is from 1:30-2:00 pm followed by the lecture from 2:00-3:00 pm.
Intermediate Bridge 
1:30-3:30 pm
Bruce Gershfeld
609

Shakespeare 
(2/4)
2:00-3:00 pm
Leo Schaff
610

NEW Op Ed 
2:15-3:15 pm
Erica Shein
613

NEW Pilates Mat 
3:15-4:15 pm
Meli Zinberg
10th floor

Guided Meditation and Relaxation 
3:30-4:30 pm
Betsy Light

Member-led Virtual Cocktail Hour* 
5:00-6:00pm

92NY HIMAN BROWN 60+ February 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Painting & Drawing </p> <p>10:00 am-12:00 pm Donelle Estey 414</p> <p>Game Room for Open Play </p> <p>10:00 am-3:30 pm 610</p> <p>Agility & Strength </p> <p>10:10-11:00 am Mary Copeland 10th floor</p> <p>Sit and Be Fit </p> <p>11:00-11:50 am Andrew Jacobs 10th floor</p> <p>NEW The Beauty of Our Stories </p> <p>(2/12 & 2/19 and 3/5 & 3/12, no class 2/26) 11:00 am-12:00 pm Ari Satok 614</p> <p>World Events </p> <p>11:00 am-12:00 pm Scheuer, Kirk and Levin No onsite viewing.</p> <p>LUNCH & LEARN: Learn, Play and laugh with 92NY's Rabbi </p> <p>12:00-1:00 pm Rabbi David Ingber 604</p> <p>Israeli & International Folk Dance </p> <p>1:00-3:00 pm Danny Pollock 10th floor</p> <p>Painting & Drawing </p> <p>1:00-3:00 pm Donelle Estey 414</p> <p>Supervised Bridge </p> <p>1:30-3:30 pm Alene Friedman & Michael Radin 604</p> <p>Twenty Iconic Jazz Songs from the History of American Music </p> <p>(1/8-3/5, no class 2/26) 2:00-3:00 Rob Silverman 614</p> <p>NEW The Greatest Satirical Songs </p> <p>(2/26) 2:00-3:00 David Misch Shown onsite in 614.</p> <p>NEW Living with Loss, a Bereavement Group </p> <p>2:00-3:00 pm Dr. Carole Brafman 609 Tuesday's group is closed to new participants. This group is open.</p> <p>Ping Pong at PingPod </p> <p>(2/19-3/26, followed by a break for Passover) 2:00-4:00 pm Eric Faltraco PingPod, 1470 Lexington Ave On the corner of 95th Street. A prepaid game card and reservation are required.</p> <p>Tai Chi Chih </p> <p>3:30-4:20 pm Ken Gray</p> <p>Contemporary Israeli Society: Culture, Land and People </p> <p>3:05-4:00 pm Dagan Shimoni Upper East Side Shaliach (Israeli Emissary) 613</p> <p>Member-led Virtual Cocktail Hour* </p> <p>5:00-6:00 pm</p> <p>Chair Yoga </p> <p>9:30-10:20 Lucia Russett</p> <p>Postural Therapy Movement Program </p> <p>9:30-10:20 am Joey Zimet 10th floor</p> <p>NEW Draw • Paint • Collage </p> <p>10:00 am-12:00 pm Susan Graham 414</p> <p>Game Room for Open Play </p> <p>10:00 am-3:30 pm 609</p> <p>NEW Lives of the Great Songs from the American Songbook </p> <p>(1/16-2/13, no class 1/30) 11:00 am-12:00 pm Sara Lukinson 10th floor</p> <p>NEW Israel Hot Topics </p> <p>(2/20) 11:00 am-12:00 pm Daniel Klein Upper East Side Junior Shaliach (Israeli Emissary) 610</p> <p>Yoga </p> <p>11:00 am-12:00 pm Wendell Odom 604</p> <p>Live Strong </p> <p>12:00-12:50 pm Dr. Randy Kamen 614 On 2/6 & 2/13, class is on Zoom. Shown onsite.</p> <p>Live Strong in Practice </p> <p>12:55-1:45 pm Dr. Randy Kamen 614 2/6 & 2/13, class is cancelled.</p> <p>Men's Group* </p> <p>12:00-1:30 pm Stanley Ryman 613</p>	<p>Women's Discussion Group </p> <p>Elizabeth Flamm, LCSW 12:30-1:30 pm</p> <p>Memoir Writing Workshop </p> <p>12:45-2:00 pm Susan Stein 610 Class is on hiatus starting 2/13.</p> <p>NEW DAY & TIME Shakespeare on Fridays </p> <p>(2/27 & 3/27) 1:00-2:00 pm Leo Schaff 610</p> <p>NEW Draw • Paint • Collage </p> <p>1:00-3:00 pm Susan Graham 414</p> <p>NEW Medicare Update 2026 </p> <p>(2/6) 2:00-3:00 pm Eric Hausman, Department of the Aging 10th floor</p> <p>NEW DAY & TIME Shakespeare on Fridays </p> <p>(2/13 & 2/20 and 3/6, 3/13 & 3/20) 2:00-3:00 pm Leo Schaff 610</p> <p>NEW Valentine's Day Flower Arranging </p> <p>(2/13) 2:00-3:00 pm Janet Dubner 10th floor There is a \$20 materials fee – cash only. Registration is required and capped at 20.</p> <p>NEW Concert: A string performance by Playing for Purpose, a group of talented Allen Stevenson School musicians </p> <p>(2/27) 2:00-2:30 pm The Chapel, 2nd floor</p> <p>NEW Concert: Inna Leytush Presents the Allegro Singers </p> <p>(2/27) 2:45-3:45 pm The Chapel, 2nd floor</p>	<p>Trivia & Games* </p> <p>11:00 am-12:00 pm Led by Joanne Bernstein</p> <p>French Conversation* </p> <p>1:30-2:30 pm Led by Laura Bodin</p> <p>Member-led Virtual Cocktail Hour* </p> <p>5:00-6:00 pm</p>	<p>Short Story Discussion Group* </p> <p>Led by Joanne Bernstein 11:00 am-12:00 pm</p>

KEY

- = Online
- = In Person
- = Online AND In Person
- * = Member-led

CONTACT/ADDRESSES

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