

92NY

HIMAN BROWN 60+

February 2026

PROGRAM SCHEDULE

IN PERSON & ONLINE

MONDAY		TUESDAY		WEDNESDAY	
The program is closed on February 16 for Presidents' Day.					
<div><div>Chair Yoga</div><div>9:30-10:20 am</div><div>Lucia Russett</div></div> <div><div>Get up &amp; Groove</div><div>10:00-11:00 am</div><div>Allison Friday</div><div>10th floor</div></div> <div><div>Game Room for Open Play</div><div>10:00 am-3:30 pm</div><div>614</div></div> <div><div>Total Body Fitness</div><div>11:00-11:50 am</div><div>Andrew Jacobs</div><div>10th floor</div></div> <div><div>Beginner Bridge</div><div>11:00 am-12:00 pm</div><div>Bruce Gershfield</div><div>610</div></div> <div><div>SPECIAL Mystery Book Club*</div><div>(2/9)</div><div>11:00 am-12:15 pm</div><div>Facilitated by Donna Walcavage</div><div>Special Guest: SJ Rozan</div><div>609</div><div>The Murder of Mr. Ma by SJ Rozan</div><div>&amp; John Shen Yen Nee</div></div> <div><div>Portraiture*</div><div>11:00 am-1:00 pm</div><div>Sol Kadish</div><div>414</div></div> <div><div>Men's Group*</div><div>12:00-1:30 pm</div><div>Stanley Ryman</div><div>613</div></div> <div><div>Supervised Mah Jongg</div><div>12:30-2:30 pm</div><div>Jane Nadboy</div><div>604</div></div> <div><div>Yiddish Conversation Circle*</div><div>1:00-2:00 pm</div><div>414</div></div>	<div><div>Acting Workshop</div><div>1:00-2:45 pm</div><div>Marilyn Schulman</div><div>609</div></div> <div><div>Shoot the Breeze</div><div>2:00-3:00 pm</div><div>Erica Shein</div><div>10th floor.</div></div> <div><div>NEW Social Action Committee Open Meeting: Black History Month with Dr. Doug Reside on Syncopated Stages: Black Disruptions to the Great White Way</div><div>(2/2)</div><div>3:05-4:00 pm</div><div>The Chapel, 2nd floor</div></div> <div><div>Monday Member Salon*</div><div>(2/9) From a DP Camp to Latin America and eventually Riverdale with Chana Gutreiman</div><div>(2/23) Touring NYC as a Big Apple Greeter with Jay Teitler</div><div>3:05-4:00 pm</div><div>10th floor</div></div> <div><div>NEW Tu B'Shvat Seder – New Year's Celebration for the Trees</div><div>(2/2)</div><div>4:00-5:30 pm</div><div>10th floor</div></div> <div><div>Weekly Catchup</div><div>5:00-6:00 pm</div><div>Hosted by Erica Shein</div></div>	<div><div>Balance &amp; Stability</div><div>9:30-10:20 am</div><div>Mary Copeland</div></div> <div><div>Intermediate Yoga</div><div>10:00-11:00 am</div><div>Ana Sussman</div><div>604</div></div> <div><div>Game Room for Open Play</div><div>10:00 am-3:30 pm</div><div>614</div></div> <div><div>T'ai Chi Chih</div><div>11:00-11:50 am</div><div>Ken Gray</div><div>604</div></div> <div><div>The Art of Listening to Music</div><div>11:00 am-12:00 pm</div><div>(2/3) Arielle Levioff</div><div>(2/10) Simón Saad</div><div>Class moves to 613.</div><div>(2/17) Simón Saad</div><div>Class moves to 613.</div><div>(2/24) Arielle Levioff</div><div>The Chapel, 2nd floor</div></div> <div><div>Make Magnificent Greeting Cards*</div><div>11:30 am-12:30 pm</div><div>Jake Garfield</div><div>610</div></div> <div><div>Drop-In Discussion Group</div><div>12:00-1:00 pm</div><div>Ellen Love, LCSW</div></div> <div><div>Living With Loss, a Bereavement Group</div><div>1:00-2:00 pm</div><div>Dr. Carole Brafman</div><div>610</div><div>This group is closed to new participants. Thursday's group is open.</div></div>	<div><div>Poetry Writing Workshop</div><div>1:00-3:00 pm</div><div>Fran Richey</div><div>414</div></div> <div><div>Supervised Bridge</div><div>1:00-3:00 pm</div><div>Alene Friedman &amp; Michael Radin</div><div>10th floor</div></div> <div><div>Brinsights, Self-styled 'Historical Raconteur'</div><div>2:00-3:00 pm</div><div>Doug Brin</div><div>613</div></div> <div><div>Afternoon Tea &amp; Treats</div><div>3:00-3:30 pm</div><div>10th floor</div></div> <div><div>Ben Franklin Circle/ Book Discussion Group</div><div>Movie Club/Poems and Poetry recitation with Fran Richey's Poetry Class</div><div>4:30-5:30pm</div><div>Erica Shein</div><div>(2/3) Book Discussion Group – This Is My Daughter by Roxana Barry Robinson</div><div>(2/10) Poetry Recitation with Fran Richey's class</div><div>(2/17) Benjamin Franklin Circle</div><div>(2/24) No class</div></div> <div><div>Member-led Virtual Cocktail Hour*</div><div>5:00-6:00 pm</div></div>	<div><div>Yoga</div><div>10:00-11:00 am</div><div>Ana Sussman</div><div>10th floor</div></div> <div><div>Studio Art</div><div>10:00 am-12:00 pm</div><div>Zach Seeger</div><div>414</div></div> <div><div>Supervised Canasta</div><div>10:00 am-12:00 pm</div><div>Michelle Marx</div><div>604</div></div> <div><div>Musical High-nrg Fitness!</div><div>11:15 am-12:05 pm</div><div>Marina Kamen</div><div>10th floor</div></div> <div><div>Chess</div><div>11:30 am-1:00 pm</div><div>Jerald Times</div><div>609</div></div> <div><div>Lunchtime Chat</div><div>12:15-1:05 pm</div><div>Julia Zeuner, LMSW</div><div>610</div><div>2/4, no class</div></div> <div><div>NEW Joseph Conrad and Ernest Hemingway: The Influence of Adventure / The Adventure of Influence</div><div>(1/7-2/11, no class 1/28)</div><div>1:00-2:00 pm</div><div>Professor Michael Healy</div><div>613</div></div> <div><div>NEW Laughing Matters: Comic Chesnuts from the New Yorker</div><div>(2/18, 3/4, 3/11, 3/18, no class 2/25)</div><div>1:00-2:00 pm</div><div>Professor Richard Larschan</div><div>613</div></div> <div><div>Monthly Book Group</div><div>(2/25)</div><div>1:00-2:00 pm</div><div>Professor Nicholas Birns</div><div>613</div><div>February's selection is <u>Darkenbloom</u> by Eva Menasse.</div></div> <div><div>Musical Theater Sing Along</div><div>1:00-2:30 pm</div><div>Mark York</div><div>614</div></div>	<div><div>Studio Art</div><div>1:00-3:00 pm</div><div>Zach Seeger</div><div>414</div></div> <div><div>Knitting Circle</div><div>(2/11 &amp; 2/25)</div><div>1:00-3:00 pm</div><div>Sandy Magesis</div><div>604</div></div> <div><div>The Personal Essay</div><div>1:15-2:30 pm</div><div>Sally Blumis-Dunn</div></div> <div><div>NEW Art of France Under Louis XIV: Frech Baroque Art and Architecture</div><div>(2/11-3/25, no class 2/25)</div><div>1:30-3:00 pm</div><div>Dr. Seth Gopin</div><div>10th floor</div><div>Music is from 1:30-2:00 pm followed by the lecture from 2:00-3:00 pm.</div></div> <div><div>Intermediate Bridge</div><div>1:30-3:30 pm</div><div>Bruce Gershfield</div><div>609</div></div> <div><div>Shakespeare</div><div>(2/4)</div><div>2:00-3:00 pm</div><div>Leo Schaff</div><div>610</div></div> <div><div>NEW Op Ed</div><div>2:15-3:15 pm</div><div>Erica Shein</div><div>613</div></div> <div><div>NEW Pilates Mat</div><div>3:15-4:15 pm</div><div>Meli Zinberg</div><div>10th floor</div></div> <div><div>Guided Meditation and Relaxation</div><div>3:30-4:30 pm</div><div>Betsy Light</div></div> <div><div>Member-led Virtual Cocktail Hour*</div><div>5:00-6:00pm</div></div>

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IN PERSON & ONLINE

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div><div><div><div><div>Painting &amp; Drawing</div><div>10:00 am-12:00 pm</div><div>Donelle Estey</div><div>414</div></div><div><div>Game Room for Open Play</div><div>10:00 am-3:30 pm</div><div>610</div></div><div><div>Agility &amp; Strength</div><div>10:10-11:00 am</div><div>Mary Copeland</div><div>10th floor</div></div><div><div>Sit and Be Fit</div><div>11:00-11:50 am</div><div>Andrew Jacobs</div><div>10th floor</div></div><div><div>NEW The Beauty of Our Stories</div><div>(2/12 &amp; 2/19 and 3/5 &amp; 3/12, no class 2/26)</div><div>11:00 am-12:00 pm</div><div>Ari Satok</div><div>614</div></div><div><div>World Events</div><div>11:00 am-12:00 pm</div><div>Scheuer, Kirk and Levin</div><div>No onsite viewing.</div></div><div><div>LUNCH &amp; LEARN: Learn, Play and laugh with 92NY's Rabbi</div><div>12:00-1:00 pm</div><div>Rabbi David Ingber</div><div>604</div></div><div><div>Israeli &amp; International Folk Dance</div><div>1:00-3:00 pm</div><div>Danny Pollock</div><div>10th floor</div></div><div><div>Painting &amp; Drawing</div><div>1:00-3:00 pm</div><div>Donelle Estey</div><div>414</div></div></div><div><div><div>Supervised Bridge</div><div>1:30-3:30 pm</div><div>Alene Friedman &amp; Michael Radin</div><div>604</div></div><div><div>Twenty Iconic Jazz Songs from the History of American Music</div><div>(1/8-3/5, no class 2/26)</div><div>2:00-3:00</div><div>Rob Silverman</div><div>614</div></div><div><div>NEW The Greatest Satirical Songs</div><div>(2/26)</div><div>2:00-3:00</div><div>David Misch</div><div>Shown onsite in 614.</div></div><div><div>NEW Living with Loss, a Bereavement Group</div><div>2:00-3:00 pm</div><div>Dr. Carole Brafman</div><div>609</div></div><div><div>Ping Pong at PingPod</div><div>(2/19-3/26, followed by a break for Passover)</div><div>2:00-4:00 pm</div><div>Eric Faltraco</div><div>PingPod, 1470 Lexington Ave</div><div>On the corner of 95th Street.</div><div>A prepaid game card and reservation are required.</div></div><div><div>Tai Chi Chih</div><div>3:30-4:20 pm</div><div>Ken Gray</div></div><div><div>Contemporary Israeli Society: Culture, Land and People</div><div>3:05-4:00 pm</div><div>Dagan Shimoni</div><div>Upper East Side Shaliach</div><div>(Israeli Emissary)</div><div>613</div></div><div><div>Member-led Virtual Cocktail Hour*</div><div>5:00-6:00 pm</div></div></div></div></div>	<div><div><div><div>Chair Yoga</div><div>9:30-10:20</div><div>Lucia Russett</div></div><div><div>Postural Therapy Movement Program</div><div>9:30-10:20 am</div><div>Joey Zimet</div><div>10th floor</div></div><div><div>NEW Draw • Paint • Collage</div><div>10:00 am-12:00 pm</div><div>Susan Graham</div><div>414</div></div><div><div>Game Room for Open Play</div><div>10:00 am-3:30 pm</div><div>609</div></div><div><div>NEW Lives of the Great Songs from the American Songbook</div><div>(1/16-2/13, no class 1/30)</div><div>11:00 am-12:00 pm</div><div>Sara Lukinson</div><div>10th floor</div></div><div><div>NEW Israel Hot Topics</div><div>(2/20)</div><div>11:00 am-12:00 pm</div><div>Daniel Klein</div><div>Upper East Side Junior Shaliach</div><div>(Israeli Emissary)</div><div>610</div></div><div><div>Yoga</div><div>11:00 am-12:00 pm</div><div>Wendell Odom</div><div>604</div></div><div><div>Live Strong</div><div>12:00-12:50 pm</div><div>Dr. Randy Kamen</div><div>614</div></div><div><div>On 2/6 &amp; 2/13, class is on Zoom.</div><div>Shown onsite.</div></div><div><div>Live Strong in Practice</div><div>12:55-1:45 pm</div><div>Dr. Randy Kamen</div><div>614</div></div><div><div>2/6 &amp; 2/13, class is cancelled.</div></div><div><div>Men's Group*</div><div>12:00-1:30 pm</div><div>Stanley Ryman</div><div>613</div></div></div><div><div><div>Women's Discussion Group</div><div>Elizabeth Flamm, LCSW</div><div>12:30-1:30 pm</div></div><div><div>Memoir Writing Workshop</div><div>12:45-2:00 pm</div><div>Susan Stein</div><div>610</div></div><div><div>Class is on hiatus starting 2/13.</div></div><div><div>NEW DAY &amp; TIME Shakespeare on Fridays</div><div>(2/27 &amp; 3/27)</div><div>1:00-2:00 pm</div><div>Leo Schaff</div><div>610</div></div><div><div>NEW Draw • Paint • Collage</div><div>1:00-3:00 pm</div><div>Susan Graham</div><div>414</div></div><div><div>NEW Medicare Update 2026</div><div>(2/6)</div><div>2:00-3:00 pm</div><div>Eric Hausman, Department of the Aging</div><div>10th floor</div></div><div><div>NEW DAY &amp; TIME Shakespeare on Fridays</div><div>(2/13 &amp; 2/20 and 3/6, 3/13 &amp; 3/20)</div><div>2:00-3:00 pm</div><div>Leo Schaff</div><div>610</div></div><div><div>NEW Valentine's Day Flower Arranging</div><div>(2/13)</div><div>2:00-3:00 pm</div><div>Janet Dubner</div><div>10th floor</div></div><div><div>There is a \$20 materials fee – cash only.</div><div>Registration is required and capped at 20.</div></div><div><div>NEW Concert: A string performance by Playing for Purpose, a group of talented Allen Stevenson School musicians</div><div>(2/27)</div><div>2:00-2:30 pm</div><div>The Chapel, 2nd floor</div></div><div><div>NEW Concert: Inna Leytush Presents the Allegro Singers</div><div>(2/27)</div><div>2:45-3:45 pm</div><div>The Chapel, 2nd floor</div></div></div></div>	<div><div><div>Trivia &amp; Games*</div><div>11:00 am-12:00 pm</div><div>Led by Joanne Bernstein</div></div><div><div>French Conversation*</div><div>1:30-2:30 pm</div><div>Led by Laura Bodin</div></div><div><div>Member-led Virtual Cocktail Hour*</div><div>5:00-6:00 pm</div></div></div> <div>KEY</div> <div><div><div><div></div> = Online</div><div><div></div> = In Person</div><div><div></div> <div></div> = Online AND In Person</div><div>* = Member-led</div></div></div> <div>CONTACT/ADDRESSES</div> <div><div>Himan Brown Program Office: 212.415.5649</div><div>Membership Office: 212.415.5729</div><div>92NY 1395 Lexington Avenue (Between 91st and 92nd)</div><div>Redeemer Presbyterian Church 150 East 91st St (Between Lexington and Third)</div></div>	<div><div><div>Short Story Discussion Group*</div><div>11:00 am-12:00 pm</div><div>Led by Joanne Bernstein</div></div></div>