92NY HIMAN BROWN 60+ November 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

MONDAY

The Lounge is in S106/107.

Chair Yoga
9:30-10:20 am
Lucia Russett

Get up & Groove
9:50-10:50 am
Allison Friday
NB02/03

Portraiture*
10:30 am-12:30 pm
Sol Kadish
FA5 (S607)

Total Body Fitness I
11:00-11:50 am
José Perez
NB02/03

Advanced Beginner Bridge
11:00 am-12:00 pm
Bruce Gershfield
S105

Mystery Book Club*
(11/2)
11:00 am-12:15 pm
M3
November's selection is The President Is Missing by James Patterson & Bill Clinton.

NEW Story Magic: Reading and Writing Fiction
(11/2, no class)
11:00 AM-12:20 PM
Amy Gottlieb
M3

Men's Group*
12:00-1:30 pm
Stanley Ryman
S108

NEW Total Body Fitness II
12:05-1:00 pm
Evelyn Nunlee
NB02/03

NEW DAY & TIME Contemporary Israeli Society
12:30-1:30 pm
Dagan Shimoni
M2

Supervised Mah Jongg
12:30-2:30 pm
Jane Nadboy
S106/107

Yiddish Conversation Circle*
1:00-2:00 pm
S114

Acting Workshop
1:00-2:45 pm
Marilyn Schulman
NB01

Open Studio
1:00-3:00 pm
NB11

Shoot the Breeze
2:00-3:00 pm
Erica Shein
Warburg Lounge
*11/2, class moves to **NB04/05***
*11/16, class moves to **S201***

Seasoned Citizens Theatre Troupe
3:00-5:00 pm
Mark York
WAG
*11/16, class moves to **S106/107***

Monday Member Salon*
3:05-4:00 pm
M3
(11/2) If You're Not Latino, Your Grandchildren Might Be - and Why We Should All Care About the Hispanic Community with Sonia Pérez
(11/9) The Mid-Terms: A Post-Election Analysis with Len Lubinsky
(11/23) Making Sense of the Israeli Elections with Menachem Katz
(11/30) Volunteering at the Fortune Society: Building People, Not Prisons with Barbara McNair

NEW SAC Open Meeting presents: The Role of the City Council in the Budget Process with Council Member Virginia Maloney, District 4
(11/16)
3:05-4:00 pm
M3

TUESDAY

Balance & Stability
9:30-10:20 am
Mary Copeland

Intermediate Yoga
10:00-11:00 am
Ana Sussman
NB02/03

Watercolor/Drawing
10:30 am-12:30 pm
Donelle Estey
NB11

T'ai Chi Chih
11:00-11:50 am
Ken Gray
NB02/03
11/3, no class

The Art of Listening to Music
11:00 am-12:00 pm
(11/3) Javor Bracic – **S106/107**
(11/10) Arielle Levioff – **S106/107**
(11/17) Anna Bikales – **NB01**
(11/24) Javor Bracic – **S106/107**

Beginner Mandala Origami Card Making*
11:30 am-12:30 pm
Jake Garfield
S108
*11/3, class moves to **Warburg Lounge***

Drop-In Discussion Group
12:00-1:00 pm
Ellen Love, LCSW

Poetry Writing Workshop
12:30-2:30 pm
Fran Richey
S105

Living With Loss, a Bereavement Group
1:00-2:00 pm
Dr. Carole Brafman
M3

Watercolor/Mix Mediums
1:00-3:00 pm,
Donelle Estey,
NB11

Supervised Bridge
1:00-3:00 pm
Alene Friedman & Michael Radin
S106/107

NEW Dalton Kindergarten Performs!
(11/3)
1:30-2:00 pm
NB04/05

"Brinsights", Self-style 'Historical Raconteur'
2:00-3:00 pm
Doug Brin
M2

Afternoon Tea & Treats
3:00-3:30 pm
(11/17) Celebrate November Birthdays with cake!
S106/107

NEW Nominating Committee Meeting
(11/3)
3:15-3:45 pm
S106/107

NEW Hudson River School – in preparation for the Vassar College Art Museum trip
(11/3)
4:00-5:00 pm
Dr. Seth Gopin
Warburg Lounge

Ben Franklin Circle/ Book Discussion Group Movie Club/Poems and Poetry Recitation with Fran Richey's Poetry Class
4:30-5:30pm
Erica Shein
(11/3) no class
(11/10) Movie Club: Gran Torino (2008)
(11/17) Poetry Recitation with Fran Richey's Poetry Class
(11/24) Book Discussion Group: The Outsiders by S.E. Hinton

Member-led Virtual Cocktail Hour*
5:00-6:00 pm

WEDNESDAY

NEW Veteran's Day Special Bagel Breakfast & Book Talk with Nina Edelman (11/11)
9:00-11:00 am
S106/107

NEW Estate Planning Seminar
(11/18)
9:45-11:00 am
Paul Moskowitz, Partner at Moskowitz Legal Group
WAG
Registration is required and light breakfast is served.

Yoga
10:00-11:00 am
Ana Sussman
NB02/03

Supervised Canasta
10:00 am-12:00 pm
Michelle Marx
S106/107

Wednesday Art with Zach
10:30 am-12:30 pm
Zach Seeger
NB11

Musical High-nrg Fitness!
11:15 am-12:05 pm
Marina Kamen
NB02/03

Chess
11:30 am-1:00 pm
Jerald Times
S108

Lunchtime Chat
12:15-1:05 pm
Julia Zeuner, LMSW
S109

Jewish Gallows Humor: Short Stories from Jewish Noir Vols. I and II
(10/7-11/18)
1:00-2:00 pm
Professor Richard Larschan
M3

Monthly Book Club
(11/25)
1:00-2:00 pm
Professor Nicholas Birns
M3
November's selection is Culpability by Bruce Holsinger.

Musical Theater Sing Along
1:00-2:30 pm
Mark York
S201

Wednesday Art with Zach
1:00-3:00 pm
Zach Seeger
NB11

Knitting Circle
(11/11 & 11/18)
1:00-3:00 pm
Sandy Magesis
The Glass Room, 2nd floor North Bldg.

The Personal Essay
1:30-3:00 pm
Sally Bliumis-Dunn

Intermediate Bridge
1:30-3:30 pm
Bruce Gershfield
S106/107

Shakespeare
2:00-3:00 pm
Leo Schaff
NB02/03

Op Ed
2:15-3:15 pm
Erica Shein
M3

Pilates Mat
3:15-4:15 pm
Meli Zinberg
S201

Guided Meditation and Relaxation
3:30-4:30 pm
Betsy Light

Member-led Virtual Cocktail Hour*
5:00-6:00pm

92NY HIMAN BROWN 60+ November 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

THURSDAY

The Lounge is in S106/107.

The Himan Brown Program is closed Thursday, November 26 for the Thanksgiving holiday.

Agility & Strength
10:00-10:50 am
Mary Copeland
NB02/03

Open Studio
10:30 am-12:30 pm
NB11

Sit and Be Fit
11:00-11:45 am
José Perez
NB02/03

World Events
11:00 am-12:00 pm
Scheuer, Kirk and Levin
No onsite viewing

The Poetry of Song Lyrics
11:00 am-12:00 pm
Ari Satok
S108

LUNCH & LEARN with 92NY's Rabbi
12:00-1:00 pm
Rabbi David Ingber
S109

Israeli & International Folk Dance
1:00-3:00 pm
Danny Pollock
NB02/03

Painting with Color
1:00-3:00 pm
Zach Seeger
FA1 (S311)

Supervised Bridge
1:30-3:30 pm
Alene Friedman & Michael Radin
S106/107

NEW Manifest Destiny: Origins, Manifestations, and Afterlives
(11/5, 11/12 & 11/19)
2:00-3:00 pm
Professor Alex Stern
NB06
11/12, class is on Zoom and shown onsite

NEW Play on Shakespeare
(10/8-12/3)
2:00-3:30 pm
N103

Living with Loss, a Bereavement Group
2:00-3:00 pm
Dr. Carole Brafman
M3

Ping Pong at Ping Pod
2:00-4:00 pm
Eric Faltraco
Ping Pod, 1470 Lexington Ave
On the corner of 95th Street

T'ai Chi Chih
3:30-4:20 pm
Ken Gray

NEW Dalton Tech Café
(11/5 & 11/19)
3:45-5:00 pm
Erica Shein & the Dalton students
M3

Member-led Virtual Cocktail Hour*
5:00-6:00 pm

FRIDAY

The Himan Brown Program is closed Friday, November 27 for the Thanksgiving holiday.

Chair Yoga
9:30-10:20 am
Lucia Russett

Postural Therapy Movement Program
9:30-10:20 am
Joey Zimet
NB02/03

NEW Writing Your Life Session II
10:30-11:45 am
Janet R. Kirchheimer
M3
Please register in the office for Session I or II

Drawing, Sculpture & Material Practice
10:30 am-12:30 pm
Susan Graham
FA3 (S315)

Yoga
11:00 am-12:00 pm
Wendell Odom
NB02/03

Musings on Music
(10/2-12/20)
11:00 am-12:00 pm
Rob Silverman
NB01

Hot Topics
(11/20)
11:00 am-1:00 pm
Daniel Klein
M5

Live Strong
12:00-12:50 pm
Dr. Randy Kamen
S109

NEW Writing Your Life Session I
12:00-1:15 pm
Janet R. Kirchheimer
M3
Please register in the office for Session I or II.

Men's Group*
12:00-1:30 pm
Stanley Ryman
S108

Women's Discussion Group
12:30-1:30 pm
Elizabeth Flamm, LCSW

Live Strong in Practice
1:00-1:50 pm
Dr. Randy Kamen
S109

Figure Drawing
1:00-3:00 pm
Susan Graham
FA3 (S315)

NEW From Rococo to Revolution: 18th-Century Art in France
(10/16-11/20)
1:30-3:00 pm
Dr. Seth Gopin
S106/107
Music from 1:30-2:00 pm & Lecture from 2:00-3:00 pm

Flower Arranging (11/13)
3:15-4:15 pm
Janet Dubner
WAG
$25 materials fee – You will leave with a beautiful bouquet of flowers! Please register in the office.

SATURDAY

Trivia & Games*
11:00 am-12:00 pm
Led by Joanne Bernstein

French Conversation*
1:30-2:30 pm
Led by Laura Bodin

Member-led Virtual Cocktail Hour*
5:00-6:00 pm

SUNDAY

Short Story Discussion Group*
Led by Joanne Bernstein
11:00 am-12:00 pm

KEY

= Online
= In Person
= Online AND In Person
* = Member-led
M = Mezzanine, North Building, floor M
NB = North Basement
S = South Building
WAG = Weill Art Gallery

CONTACT/ADDRESSES

Himan Brown Program
Office: 212.415.5649

Membership Office: 212.415.5729

92NY
1395 Lexington Avenue
(Between 91st and 92nd)