

92NY

HIMAN BROWN 60+ October 2026 PROGRAM SCHEDULE

IN PERSON & ONLINE

MONDAY		TUESDAY		WEDNESDAY	
The Lounge is in S106/107.					
Chair Yoga  9:30-10:20 am Lucia Russett	Acting Workshop  1:00-2:45 pm Marilyn Schulman NB01	Balance & Stability  9:30-10:20 am Mary Copeland	NEW Watercolor/Mix Mediums  1:00-3:00 pm, Donelle Estey, NB11	Yoga  10:00-11:00 am Ana Sussman NB02/03	Musical Theater Sing Along  1:00-2:30 pm Mark York S201
Get up & Groove  9:50-10:50 am Allison Friday NB02/03 10/12, 10/19 & 10/26, Evelyn Nunlee subs	NEW Open Studio  1:00-3:00 pm NB11	Intermediate Yoga  10:00-11:00 am Ana Sussman NB02/03	NEW ROOM Supervised Bridge  1:00-3:00 pm Alene Friedman & Michael Radin S106/107	NEW ROOM Supervised Canasta  10:00 am-12:00 pm Michelle Marx S106/107	Wednesday Art with Zach  1:00-3:00 pm Zach Seeger NB11
Portraiture*  10:30 am-12:30 pm Sol Kadish FA5 (S607)	Shoot the Breeze  2:00-3:00 pm Erica Shein Warburg Lounge	NEW Watercolor/Drawing  10:30 am-12:30 pm Donelle Estey NB11	NEW ROOM “Brinsights”, Self-style ‘Historical Raconteur’  2:00-3:00 pm Doug Brin M2	Wednesday Art with Zach  10:30 am-12:30 pm Zach Seeger NB11	NEW ROOM Knitting Circle  (10/14 & 10/28) 1:00-3:00 pm Sandy Magesis The Glass Room, 2nd floor North Building
Total Body Fitness  11:00-11:50 am José Perez NB02/03	Seasoned Citizens Theatre Troupe  3:00-5:00 pm Mark York WAG 10/26, room changes to S106/107	T'ai Chi Chih  11:00-11:50 am Ken Gray NB02/03 10/13, 10/20, 10/27 & 11/3, Ken is away. We are looking for a sub.	NEW ROOM “Brinsights”, Self-style ‘Historical Raconteur’  2:00-3:00 pm Doug Brin M2	Musical High-nrg Fitness!  11:15 am-12:05 pm Marina Kamen NB02/03	The Personal Essay  1:30-3:00 pm Sally Bliumis-Dunn
Advanced Beginner Bridge  11:00 am-12:00 pm Bruce Gershfield S105	Monday Member Salon*  (10/5, 10/12 & 10/26) 3:05-4:00 pm M3 (10/5) The Best of Times and the Worst of Times: Transforming NYC Govern-ment as a “Whiz Kid” in the Lindsay Administration with Joan Leiman (10/12) Living in Szechuan Province: Spicy Food, Giant Pandas & Mighty Mountains with Bill Levine (10/26) All About the Big Apple: A New York City Trivia Event with Joanne Bernstein 10/26, Joanne Bernstein’s talk is both in person & on Zoom.	The Art of Listening to Music  11:00 am-12:00 pm NB01 (10/6) Javor Bracic (10/13) Simón Saad (10/20) Anna Bikales (10/27) Javor Bracic	Afternoon Tea & Treats  3:00-3:30 pm (10/20) Celebrate October Birthdays with cake! S106/107	Chess  11:30 am-1:00 pm Jerald Times S108	NEW ROOM Intermediate Bridge  1:30-3:30 pm Bruce Gershfield S106/107
Mystery Book Club*  (10/5) 11:00 am-12:15 pm M3 October’s selection is <u>A is for Alibi</u> by Sue Grafton.	NEW SAC Open Meeting: AI — The Fourth Industrial Revolution and its Implications on the Economy and Financial Markets  (10/19) 3:05-4:00 pm Eric M. Grodeck M3	NEW ROOM Beginner Mandala Origami Card Making*  11:30 am-12:30 pm Jake Garfield S108	NEW Annual Update with State Senator Liz Krueger  (10/20) 3:30-4:30 pm S106/107	NEW ROOM Lunchtime Chat  12:15-1:05 pm Julia Zeuner, LMSW S109	Shakespeare  2:00-3:00 pm Leo Schaff NB02/03
NEW Story Magic: Reading and Writing Fiction  (begins 10/12, no class 11/2) 11:00 AM-12:20 PM Amy Gottlieb M3	NEW Himan Brown Welcome Back Party!  (10/19) 5:00-8:00 pm S106/107	Drop-In Discussion Group  12:00-1:00 pm Ellen Love, LCSW	Ben Franklin Circle/ Book Discussion Group Movie Club/Poems and Poetry Recitation with Fran Richey’s Poetry Class  4:30-5:30pm Erica Shein (10/6) Poems (10/13) BFC (10/20) Poetry Recitation with Fran Richey’s Class (10/27) Movie Club: <i>Cinema Paradiso</i> (1988) on Prime	NEW Jewish Gallows Humor: Short Stories from Jewish Noir Vols. I and II  (10/7-11/18, no class 10/28) 1:00-2:00 pm Professor Richard Larschan M3	NEW ROOM Op Ed  2:15-3:15 pm Erica Shein M3
Men’s Group*  12:00-1:30 pm Stanley Ryman S108		NEW TIME Poetry Writing Workshop  12:30-2:30 pm Fran Richey S105	Member-led Virtual Cocktail Hour*  5:00-6:00 pm	NEW ROOM Monthly Book Club  (10/28) 1:00-2:00 pm Professor Nicholas Birns M3 October’s selection is <u>London Falling</u> by Patrick Radden Keefe.	Pilates Mat  3:15-4:15 pm Meli Zinberg S201
NEW ROOM Supervised Mah Jongg  12:30-2:30 pm Jane Nadboy S106/107		Living With Loss, a Bereavement Group  1:00-2:00 pm Dr. Carole Brafman M3		Guided Meditation and Relaxation  3:30-4:30 pm Betsy Light	Member-led Virtual Cocktail Hour*  5:00-6:00pm
Yiddish Conversation Circle*  1:00-2:00 pm S114					

92NY HIMAN BROWN 60+ **October 2026** PROGRAM SCHEDULE IN PERSON & ONLINE

THURSDAY

FRIDAY

SATURDAY

The Lounge is in S106/107.

NEW TIME

Agility & Strength

👤👤

10:00-10:50 am

Mary Copeland

NB02/03

NEW

Open Studio

👤👤

10:30 am-12:30 pm

NB11

Sit and Be Fit

👤👤

11:00-11:50 am

Andrew Jacobs

NB02/03

World Events

📺

11:00 am-12:00 pm

Scheuer, Kirk and Levin

No onsite viewing

NEW ROOM

The Poetry of Song Lyrics

👤👤

11:00 am-12:00 pm

Ari Satok

S108

NEW ROOM

LUNCH & LEARN with 92NY's Rabbi

👤👤📺

12:00-1:00 pm

Rabbi David Ingber

S109

Israeli & International Folk Dance

👤👤

1:00-3:00 pm

Danny Pollock

NB02/03

10/1, class moves to **ADS (Arnold Dance Studio, 2nd floor North Building)** and class time changes to 1:30-3:00 pm.

NEW

Painting with Color

👤👤

1:00-3:00 pm

Zach Seeger

FA1 (S311)

NEW ROOM

Supervised Bridge

👤👤

1:30-3:30 pm

Alene Friedman & Michael Radin

S106/107

NEW

Love Letters and Hidden Lives in Renaissance Italy with Professor Ida Caiazza

👤👤📺

(10/1-10/22)

2:00-3:00 pm

Professor Ida Caiazza

NB06

NEW

Artists' Responses to Old Testament Figures

📺

(10/29)

2:00-3:00 pm

Professor Carol Salus

Shown onsite in **NB06**

NEW

Play on Shakespeare

👤👤

(10/8-12/3)

2:00-3:30 pm

M5

Living with Loss, a Bereavement Group

👤👤

2:00-3:00 pm

Dr. Carole Brafman

M3

Ping Pong at Ping Pod

👤👤

2:00-4:00 pm

Eric Faltraco

Ping Pod, 1470 Lexington Ave

On the corner of 95th Street

NEW ROOM

Contemporary Israeli Society

👤👤

3:15-4:15 pm

Dagan Shimoni

N205

T'ai Chi Chih

📺

3:30-4:20 pm

Ken Gray

10/15, 10/22 & 10/29, Ken is away. We are looking for a sub.

Member-led Virtual Cocktail Hour*

📺

5:00-6:00 pm

Chair Yoga

📺

9:30-10:20 am

Lucia Russett

10/2, no class

Postural Therapy Movement Program

👤👤

9:30-10:20 am

Joey Zimet

NB02/03

NEW

Drawing, Sculpture & Material Practice

👤👤

10:30 am-12:30 pm

Susan Graham

FA4 (S317)

Yoga

👤👤

11:00 am-12:00 pm

Wendell Odom

NB02/03

NEW

Musings on Music

👤👤

(10/2-12/20)

11:00 am-12:00 pm

Rob Silverman

NB01

10/23, class moves to **tbd**

Hot Topics

👤👤

(10/16)

11:00 am-12:00 pm

Daniel Klein

M5

Live Strong

👤👤

12:00-12:50 pm

Dr. Randy Kamen

S109

10/9 & 10/16, no class

NEW

Writing Your Life

👤👤

12:00-1:15 pm

Janet R. Kirchheimer

M3

10/9, Class begins

Men's Group*

👤👤

12:00-1:30 pm

Stanley Ryman

S108

Women's Discussion Group

📺

12:30-1:30 pm

Elizabeth Flamm, LCSW

Live Strong in Practice

👤👤

1:00-1:50 pm

Dr. Randy Kamen

S109

10/9 & 10/16, no class

NEW

Figure Drawing

👤👤

1:00-3:00 pm

Susan Graham

FA2 (S314)

NEW

From Rococo to Revolution: 18th-Century Art in France

👤👤📺

(10/16-11/20, no class 10/30)

1:30-3:00 pm

Dr. Seth Gopin

S106/107

Music from 1:30-2:00 pm & Lecture from 2:00-3:00 pm

NEW

Concert: Jazzman Rob Silverman Performs!

👤👤

(10/2)

2:00-3:00 pm

WAG

NEW

Senior Safety Seminar with Detective Anthony Nuccio of the 19th Precinct

👤👤

(10/9)

2:00-3:30 pm

Warburg Lounge

NEW

Concert: Eric Yves Garcia Performs!

👤👤

(10/30)

2:00-3:00 pm

WAG

Trivia & Games*

📺

11:00 am-12:00 pm

Led by Joanne Bernstein

French Conversation*

📺

1:30-2:30 pm

Led by Laura Bodin

Member-led Virtual Cocktail Hour*

📺

5:00-6:00 pm

SUNDAY

Short Story Discussion Group*

📺

Led by Joanne Bernstein

11:00 am-12:00 pm

KEY

📺 = Online

👤👤 = In Person

📺👤👤 = Online AND In Person

* = Member-led

M = Mezzanine, North Building, floor M

NB = North Basement

S = South Building

WAG = Weill Art Gallery

CONTACT/ADDRESSES

Hisman Brown Program

Office: 212.415.5649

Membership Office: 212.415.5729

92NY

1395 Lexington Avenue

(Between 91st and 92nd)