

# 92NY HIMAN BROWN 60+ April 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

## MONDAY

**Chair Yoga**   
9:30-10:20 am  
Lucia Russett

**Get up & Groove**   
10:00-11:00 am  
Allison Friday  
10th floor

**Game Room for Open Play**   
10:00 am-3:30 pm  
614

**Total Body Fitness**   
11:00-11:50 am  
Andrew Jacobs  
10th floor

**Beginner Bridge**   
11:00 am-12:00 pm  
Bruce Gershfield  
610

**Mystery Book Club\***   
(4/13)  
11:00 am-12:15 pm  
Facilitated by Sue Pilko  
*April's selection is The Maltese Falcon  
by Dashell Hammett.*  
609

**Portraiture\***   
11:00 am-1:00 pm  
Sol Kadish  
414

**Men's Group\***   
12:00-1:30 pm  
Stanley Ryman  
613

**Supervised Mah Jongg**   
12:30-2:30 pm  
Jane Nadboy  
604

**Yiddish Conversation Circle\***   
1:00-2:00 pm  
414

**Acting Workshop**   
1:00-2:45 pm  
Marilyn Schulman  
609

**NEW Yom HaZikaron: 21st Israeli-Palestinian Joint Memorial Day Ceremony**   
(4/20)  
starts at 1:30 pm  
10th floor

**Shoot the Breeze**   
2:00-3:00 pm  
Erica Shein  
10th floor  
*4/13, class moves to 613.  
4/20, class is cancelled.*

**NEW Yom HaShoah Book Talk: Budd Mishkin interviews Judy Batalion, Author of The Last Woman of Warsaw**   
(4/13)  
3:00-5:00 pm  
10th floor  
*Book signing begins at 4:30 pm followed by a light dessert reception*

**NEW Social Action Committee Open Meeting: How to Have Stuff Without Breaking the Planet**   
(4/20)  
3:05-4:00 pm  
Sandra Goldmark  
10th floor

**Monday Member Salon\***   
(4/27) Touring NYC as a Big Apple Greeter with Jay Teitler  
3:05-4:00 pm  
10th floor

**Weekly Catchup**   
5:00-6:00 pm  
Hosted by Erica Shein

## TUESDAY

**Balance & Stability**   
9:30-10:20 am  
Mary Copeland

**Intermediate Yoga**   
10:00-11:00 am  
Ana Sussman  
604

**Game Room for Open Play**   
10:00 am-3:30 pm  
614

**NEW ROOM T'ai Chi Chih**   
11:00-11:50 am  
Ken Gray  
10th floor  
*4/28, class moves to 604.*

**The Art of Listening to Music**   
11:00 am-12:00 pm  
(4/14) Arielle Leviuff – 2nd floor Chapel  
(4/21) Simón Saad – 613  
(4/28) Javor Bracic – 2nd floor Chapel

**Make Magnificent Greeting Cards\***   
11:30 am-12:30 pm  
Jake Garfield  
610

**Drop-In Discussion Group**   
12:00-1:00 pm  
Ellen Love, LCSW

**Living With Loss, a Bereavement Group**   
1:00-2:00 pm  
Dr. Carole Brafman  
610  
*This group is closed to new participants. Thursday's group is open.*

**Poetry Writing Workshop**   
1:00-3:00 pm  
Fran Richey

**Supervised Bridge**   
1:00-3:00 pm  
Alene Friedman & Michael Radin  
10th floor

**Brinsights, Self-styled 'Historical Raconteur'**   
2:00-3:00 pm  
Doug Brin  
613

**MONDAY MEMBER SALON ON TUESDAY\***   
(4/14) From the Dictators' Shadows: One Family's Journey through a Caribbean Dictatorship, Rebellion and Freedom in the United States with Maritza Duran  
3:05-4:00 pm  
613

**Afternoon Tea & Treats**   
3:00-3:30 pm  
10th floor  
*Celebrate April Birthdays with cake on 4/21!  
(4/21) Special presentation – Introduction to 92NY's Roundtable*

**Ben Franklin Circle/ Book Discussion Group Movie Club/Poems and Poetry recitation with Fran Richey's Poetry Class**   
4:30-5:30pm  
Erica Shein  
(4/14) Movie Club—Hamnet  
(4/21) Poetry Recitation with Fran Richey's Class  
(4/28) BFC

**Member-led Virtual Cocktail Hour\***   
5:00-6:00 pm

## WEDNESDAY

**Yoga**   
10:00-11:00 am  
Ana Sussman  
10th floor

**Studio Art**   
10:00 am-12:00 pm  
Zach Seeger  
414

**Supervised Canasta**   
10:00 am-12:00 pm  
Michelle Marx  
604

**Musical High-nrg Fitness!**   
11:15 am-12:05 pm  
Marina Kamen  
10th floor

**Chess**   
11:30 am-1:00 pm  
Jerald Times  
609

**Lunchtime Chat**   
12:15-1:05 pm  
Julia Zeuner, LMSW  
610

**NEW Reading Like a Writer: Contemporary Novellas by Women**   
(4/15 & 4/22 (no class 4/29) and 5/6, 5/13, 5/20 & 5/27)  
1:00-2:00 pm  
Amy Gottlieb  
613

**Monthly Book Group**   
(4/29)  
1:00-2:00 pm  
Professor Nicholas Birns  
613  
*April's selection is The Winner  
by Teddy Wayne.*

**Musical Theater Sing Along**   
1:00-2:30 pm  
Mark York  
614

**Studio Art**   
1:00-3:00 pm  
Zach Seeger  
414

**Knitting Circle**   
(4/15 & 4/22)  
1:00-3:00 pm  
Sandy Magesis  
604

**Intermediate Bridge**   
1:30-3:30 pm  
Bruce Gershfield  
609

**BACK TO WEDNESDAY: Shakespeare**   
2:00-3:00 pm  
Leo Schaff  
610

**Op Ed**   
2:15-3:15 pm  
Erica Shein  
613

**Pilates Mat**   
3:15-4:15 pm  
Meli Zinberg  
10th floor

**Guided Meditation and Relaxation**   
3:30-4:30 pm  
Betsy Light

**Member-led Virtual Cocktail Hour\***   
5:00-6:00pm

The Himan Brown Senior Program closes at 1:00 pm on Wednesday, April 1. The program reopens on Friday, April 10. You will have access to the May Center, 92NY's Gym, during this time.

# 92NY HIMAN BROWN 60+ April 2026 PROGRAM SCHEDULE IN PERSON & ONLINE

## THURSDAY

## FRIDAY

## SATURDAY

## SUNDAY

The Himan Brown Senior Program closes at 1:00 pm on Wednesday, April 1. The program reopens on Friday, April 10. You will have access to the May Center, 92NY's Gym, during this time.

### Painting & Drawing

10:00 am-12:00 pm  
Donelle Estey  
414

### Game Room for Open Play

10:00 am-3:30 pm  
610

### Agility & Strength

10:10-11:00 am  
Mary Copeland  
10th floor

### Sit and Be Fit

11:00-11:50 am  
Andrew Jacobs  
10th floor

### NEW Your Second Best...

(3/19-6/18)  
11:00 am-12:00 pm  
Phyllis Brusiloff  
613

### World Events

11:00 am-12:00 pm  
Scheuer, Kirk and Levin  
No onsite viewing

### LUNCH & LEARN: Learn, Play and laugh with 92NY's Rabbi

12:00-1:00 pm  
Rabbi David Ingber  
604  
4/16, no class.

### Israeli & International Folk Dance

1:00-3:00 pm  
Danny Pollock  
10th floor

### Painting & Drawing

1:00-3:00 pm  
Donelle Estey  
414

### Supervised Bridge

1:30-3:30 pm  
Alene Friedman & Michael Radin  
604

### NEW Exploring and Enjoying Art

(4/16, 4/23, 4/30)  
2:00-3:00 pm  
Barry Ross  
614

### Living with Loss, a Bereavement Group

2:00-3:00 pm  
Dr. Carole Brafman  
609  
Tuesday's group is closed to new participants. This group is open.

### Ping Pong at PingPod

(resumes 4/16)  
2:00-4:00 pm  
Eric Faltraco  
PingPod, 1470 Lexington Ave  
On the corner of 95th Street.  
Prepaid game card/  
reservation required.

### Contemporary Israeli Society: Culture, Land and People

3:05-4:00 pm  
Dagan Shimoni  
Upper East Side Shaliach  
(Israeli Emissary)  
613

### T'ai Chi Chih

3:30-4:20 pm  
Ken Gray

### NEW Cartooning and Comics with the Cartoonists of the High School of Art and Design

(4/30)  
3:45-4:45 pm  
Facilitated by Erica Shein  
overview 614/workspace 604

### Member-led Virtual Cocktail Hour\*

5:00-6:00 pm

### Chair Yoga

9:30-10:20  
Lucia Russett  
4/10, class is cancelled.

### Postural Therapy Movement Program

9:30-10:20 am  
Joey Zimet  
10th floor  
4/24, class is cancelled.

### NEW Draw · Paint · Collage

10:00 am-12:00 pm  
Susan Graham  
414

### Game Room for Open Play

10:00 am-12:30 pm  
609  
12:30 am-3:30 pm  
604

### NEW Israel Hot Topics

(4/17)  
11:00 am-12:00 pm  
Daniel Klein  
Upper East Side Junior Shaliach  
(Israeli Emissary)  
610

### Yoga

11:00 am-12:00 pm  
Wendell Odom  
604

### Live Strong

12:00-12:50 pm  
Dr. Randy Kamen  
614

### Live Strong in Practice

12:55-1:45 pm  
Dr. Randy Kamen  
614

### Men's Group\*

12:00-1:30 pm  
Stanley Ryman  
613

### Women's Discussion Group

12:30-1:30 pm  
Elizabeth Flamm, LCSW

### NEW Draw · Paint · Collage

1:00-3:00 pm  
Susan Graham  
414

### NEW Senior Safety with Detective Officer Nuccio of the 19th Precinct

(4/17)  
2:00-4:00 pm  
10th floor

### NEW Concert: Inna Leytush & Friends – The Allegro Singers

(4/24)  
2:00-3:00 pm  
2nd floor Chapel

### Trivia & Games\*

11:00 am-12:00 pm  
Led by Joanne Bernstein

### French Conversation\*

1:30-2:30 pm  
Led by Laura Bodin


### Member-led Virtual Cocktail Hour\*


5:00-6:00 pm

### Short Story Discussion Group\*

(resumes 3/15)  
Led by Joanne Bernstein  
11:00 am-12:00 pm  
4/12, Group does not meet.

## KEY

 = Online

 = In Person

  = Online AND In Person

\* = Member-led

## CONTACT/ADDRESSES

Himan Brown Program Office: 212.415.5649

Membership Office:  
212.415.5729

92NY  
1395 Lexington Avenue (Between 91st and 92nd)

Redeemer Presbyterian Church  
150 East 91st St (Between Lexington and Third)